



Mahatma Gandhi Cultural Center

Cordially invites you to the

MGC Seniors Social

an afternoon of Live Musical Entertainment

by Manoj & Neeta

on **Saturday August 11th, 2018**

at the Mahatma Gandhi Center (717 Weidman Rd, Ballwin, MO 63011)

Please join in & enjoy the time with the pioneer community members

Lunch	12:30pm
Live Musical Entertainment (Sureeli Yaadein)	1:00pm
Geriatric Health: address by Dr. Miriam Rodin	2:00pm
Mental Health Awareness for elderly: Dr. Jahanvi Handa	2:30pm
Spiritual Strength: by Dr. Vijaya Kumar Buddhiraju	2:40pm
Sports/ Activity for the elderly by Dr. Ashok Kumar	2:45pm
Sizing-Down/ Retirement Housing options	2:50pm
Felicitations for service to the community:	2:55pm
Live Entertainment (Sureeli Yaadein contd.), Antaakshari/ Karaoke	3:00pm

Admission: FREE for all above 65 years; \$10 for others accompanying seniors

Contacts:

Girdhar G Sharma	314-256-9496	Vijaya Kumar Buddhiraju	636-207-0898	Jiten Parbhu	314-369-3118
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